



MeasureUp



for Kids



**ACTION
CHECKLIST**



Children's Wellbeing Toolkit Quick Checklist

Step 1: Define Who and What

- Identify stakeholders (who is affected), define the age group of the young people to be more specific
- Describe activities (what you do)
- Define outcomes (changes experienced, positive or negative)

Step 2: Match with MeasureUp Values

- Check the values using the 'children' stakeholder filter / through the Children's wellbeing toolkit page
- Select the value that best fits your activity OR outcome

The following table may help you to match your activities with MeasureUp values.

MeasureUp Value	Relevance to case?	Duration of outcome?	Measurability?	Use in case?
WWD4 Engaging in youth activities				
PW2 Improved children's wellbeing				
ES3 Young Persons Wellbeing Programme				

Step 3: Record Details

- Quantity (scale): Number of young people / children affected
- Duration: Record months/years the outcome lasts.
- Unit: Confirm correct unit (per child/ young person)

Step 4: Calculate Impact Value

- Apply Attribution & Deadweight discount:
No discount (0%) | Low (25%) | Medium (50%) | High (75%)
- Calculate the monetised value of your impact